

End to End Program

The Finger Lakes Trail Conference encourages our members and friends to hike the entire Finger Lakes Trail (all 560 miles) from END to END. In recognition of that accomplishment, we will present you with an engraved nameplate, 2 "End to End" patches and a certificate. You will also be recognized in the FLT News.

You need not through-hike the Trail, and there is no set time limit. Some folks have taken MANY years to reach their goal. You also don't have to be a backpacker or sleep out on the trail to qualify. Keep of a record of the dates and sections that you hike, fill out the application form, and you have met the requirement when you finish the entire trail.

Many hikers take advantage of our County Hike Series Program in order to finish the trail. For more information about it, contact the FLTC service center.

Ed Sidote is our End to End Coordinator. He knows the trail VERY WELL, and can answer most of your questions. He also works with a network of "Car Spotters," who can assist you with transportation to trail heads. If you aspire to hiking the FLT from end to end, we encourage you to contact Ed.

Maps and Guidebooks are available from the Finger Lakes Trail Conference. At the very least, you will want to acquire the maps for the sections you plan to hike. The Main Trail set consists of 33 maps. They can be purchased individually or as a set.

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